

Testimonial for Dr. Lisa White

After many years of trying nearly every medication available on the market, I found only temporary fixes for my daughter's severe case of asthma. As a gymnast, she struggled between her routines and had to take dose after dose of medication that provided a quick fix just to get her through the next few hours. I decided to seek an alternative solution to this life long problem. After just a few visits and treatment from Dr. Lisa White, my daughter is no longer on any medications for her asthma and has performed better than ever. I can't thank Dr. White enough for what she has done, she has changed my daughter's life.

- Sherrie McAnally

When I went to Lisa White for acupuncture for my knee I was very ready to try something new. A short review why: In October I began having difficulty going down stairs and hills and getting up from a chair. I went to the orthopedic doctor in November and 30cc of fluid were drawn off my knee, and I was given a cortisone injection. Well, four days later I could not walk the pain was so bad. Instead of surgery, the doctor decided to give me five injections of a fluid which was supposed to rebuild the synovial fluid which, along with the cartilage, was gone from my knee. During and for a month after these five weeks I was hobbling around in pain on my cane.

After five treatments with Lisa I was walking without a cane, and though not totally without discomfort, much improved. After a few more treatments I was able to get back to walking in the gym and using the machines and keeping up with my usually hectic schedule rather than sitting all day.

I am now a firm believer in acupuncture and other alternative care and especially the wonderful care that Lisa White gives and how learned she is on the subject.

Pat G.

Atlanta